

**Is someone making you
feel isolated, humiliated,
or afraid at home?**

**Domestic abuse affects
1 in 4 women and 1 in 7 men.
Help is available.**



**Scan the
code to
access
support.**

 **employers'
initiative**
on domestic abuse



**Are you worried about
your behaviour at home?**

There is no excuse for abuse.



Scan the
code to get
help to stop.

You are not alone.

Do you think you, or someone you know, may be experiencing domestic abuse?

Please tell someone and seek help.

This is Charlotte's story.
She is a survivor of domestic abuse.



Scan the code to listen to Charlotte's story.



You can save someone's life.

Victim-survivors of domestic abuse
experience, on average, 35-50
instances of abuse before they tell
someone.

Disclosure is an act of courage.
Believe survivors and help them get
the support they need.



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